# Feeling sick

Chu Ka Yan, Polly (6A)

Tuesday, 20th September                                Sunny

I was absent from school this morning. It wasn't fun. I was tired all day.

When my mother woke me up this morning, I felt so dizzy that I could not get up. I had a runny nose and a headache. Then, my mother checked my temperature with a thermometer. She said that I had a fever too. Therefore, my mother put an ice pad on my forehead and took me to see a doctor.

At the clinic, my mother registered at the reception counter and the nurse asked us to sit in the waiting area. There were other patients in the clinic. They all felt uncomfortable. I saw a man coughing and sneezing and a girl got a stomachache. My mother and I had spent almost an hour waiting for the doctor. I felt awful when I was waiting.

Then, it was my turn to go into the doctor's room. The doctor checked my body and my tongue. And he told me that I have got the flu. He said I should take some medicine for the flu, drink plenty of warm water and stay at home at least two days for recovery.

Finally, we went back home. My mother cooked congee for me. I am grateful to have a loving mother.